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PROTEIN		PROTEIN		FAT		BIOLOGICAL	
By Percentage	Value	per Ounce	per Ounce	per Ounce	per Ounce	Value (BV)	Value (BV)
90%	27	0	120	0	1	80	10
28%	9	1	80	1	1	53	1 (30g)
22%	7	1	53	1	1	25	
43%	12	1	25	1	1	100	
25%	4	1	100	1	1		

Amount per Serving		Amount per Serving	
Calories		Calories	
120		120	
% Daily Value*		% Daily Value*	
Total Fat	0g	0%	0%
Saturated Fat	0g	0%	0%
Trans Fat	0g	0%	0%
Cholesterol	0mg	0%	0%
Sodium	60mg	3%	3%
Total Carbohydrate	2g	-1%	-1%
Dietary Fiber	0g	0%	0%
Total Sugars	0g	0%	0%
Includes 0g Added Sugars	0%	0%	0%
Protein	27g	54%	54%
Vitamin D	0mcg	0%	0%
Calcium	125mg	10%	10%
Iron	0mg	0%	0%
Potassium	150mg	4%	4%

WARNINGS: Use only as directed. For adult use only. This product contains milk by-products/derivatives. Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding. Ensure to adequately hydrate (drink enough fluid) before, during, and after exercise. Take a few hours before or after taking other medications. Store in a cool, dry place. Do not use if inner seal is broken.

ALLERGEN WARNING: Contains Milk (Whey). Produced in a facility that also handles egg, wheat, dairy, and soy. Fish, shellfish, and tree nuts are not present.

Use this product as a food supplement only. Do not use for weight reduction.

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There is no other harm not being evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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